

## Local Wellness Policy Assessment Comparison with a Model Policy

The Local Wellness Policy Final Rule requires LEAs to assess the extent to which their district Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success, as well as the areas the district wants to work on in the coming years. Share this form or include the results on the triennial assessment that is shared with the public.

	Components of Policy	<u>Yes / No</u>	Comments
1	SFA has convened a Wellness Committee.	Yes	Policy covers central office and facility wellness committees
2	Wellness committee meets at least 4 times per year.	No	Policy states the central office wellness committee shall “meet as needed.”
3	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	Wellness policy states wellness committee will include, “teacher, youth, food service employee, nurse, security, school administrator, youth’s parent (recommended but optional), and community volunteer (recommended but optional).”
4	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school’s compliance with the policy.	Yes	Central office wellness committee needs to incorporate more disciplines. Committee does develop and update the wellness policy and ensure compliance with policy.
5	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	Wellness policy covers wellness program implementation, event frequency, reporting, and evaluation. The wellness policy has an attachment that includes a wellness event report that is submitted by deadline to the central office wellness ambassador.

## Local Wellness Policy Assessment Comparison with a Model Policy

6	SFA has retained records that document compliance with policy requirements.	Yes	SFA central office wellness ambassador maintains record of wellness event reports on the shared Q:drive.
7	SFA annually informs families and the public of basic policy information. Information included policy content, updates, and implementation status.	Yes	The DJJ website has a “Wellness” section where annual wellness event publications are posted and the wellness policy. This is available to the public.
8	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, what are plans for the evaluation.	Yes	Completed June 2021 and results posted publicly on DJJ website.
9	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy.	Yes	Policy Committee will meet to evaluate and address updates in June and July 2021, for implementation in September 2021.
10	Policy contains specific language regarding nutrition requirements established by local, state and federal regulations.	Yes	Policy states, “Meals for DJJ youth and staff at secure facilities are planned by a Registered Dietitian (RD) meeting all federal, state, and local requirements for content and nutrition.”
11	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	Policy states, “DJJ promotes fresh fruits and vegetables, low fat milk options, reduced sodium foods, zero trans fats, and whole grain items.”
12	Policy contains specific language regarding water availability and promotion.	Yes	Policy states, “DJJ youth have access to water during meal and snack times.”
13	Policy contains specific language regarding competitive foods and beverages.	Yes	Policy states, “No additional foods will be available for sale to youth during school.”
14	Policy contains specific language regarding food use in celebrations and rewards.	No	Language will be added to Wellness Policy when updated in September 2021.
15	Policy contains specific language regarding nutrition promotion.	Yes	Policy states, “It is the policy of DJJ to promote: nutritionally sound meals and snacks in compliance with USDA guidelines.” Policy also states, “Goals of promoting nutrition and nutritious choices will be implemented throughout the school year in the following ways: 1) Nutrition education

## Local Wellness Policy Assessment Comparison with a Model Policy

			curriculum, 2) My Plate posters in dining halls, 3) available brochures and handouts, 4) participatory activities with youth.”
16	Policy contains specific language regarding nutrition education.	Yes	Policy states, “It is the policy of DJJ to promote: a planned health and wellness curriculum that addresses comprehensive health education and nutrition promotion.”
17	Policy contains specific language regarding food and beverage marketing in schools.	Yes	Policy states, “No additional foods will be available for sale to youth during school.”
18	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	Policy states, “Wellness education, including but not limited to nutrition promotion, exercise, and healthy lifestyle promotion, shall be provided to all youth in any DJJ secure facility.” Policy states, “Through an interdisciplinary approach, information will be presented formally, using structured curricula.”
19	Policy contains specific language regarding physical activity as part of health education.	Yes	Policy states, “Utilizing age appropriate and sequentially developed lesson plans, trained and qualified staff shall provide both structured and/or unstructured activities for one class period (55 minutes) daily during the school week throughout the DJJ school year.”
20	Policy contains specific language regarding <b>increased</b> student activity including physical activity breaks, active academics, before and after school activities.	Yes	Policy states, “When practical, all DJJ programs will integrate wellness and fitness objectives into their disciplines in order to promote a safe environment in which youth have the opportunity to observe, learn, and participate in health habits.”
21	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	Policy states, “DJJ is committed to implementing farm to school initiatives focused on serving locally grown food into or meal program.” This is another area promoting wellness by incorporating mental, physical, and nutrition wellness areas.
22	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	Policy recommends a community volunteer be on the wellness committee, community volunteers are often

Local Wellness Policy Assessment  
Comparison with a Model Policy

			involved in farm to school programs, and requires wellness information be available to the public.
23	Policy contains specific language regarding fundraising guidelines.	N/A	Not applicable to DJJ
24	Policy contains specific language regarding staff qualifications and professional development.	Yes	Policy states, “Central office will provide training and materials to Wellness Ambassadors.” “Food service staff shall attend professional development courses as set by ONFS.”