

WEEK 1 MENU CYCLE SY 24-25

Water is available at every meal

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Muffin Option (1 Ea) Cheese Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Cheese Omelet (1 Ea) Toast (1 Ea) Fresh Fruit Option (1/2 C) Jelly Option (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	French Toast Stick or Pancake Option (1 Svg) Bacon (2 Slices) Fresh Fruit Option (1/2 C) Syrup (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Egg Option (1 Svg) Sausage Links (2 Ea) Toast (1 Svg) Jelly Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Sausage and Cheese Biscuit* (1 Ea) Fresh Fruit Option (1/2 C) Jelly Option (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Croissant w/ Egg & Cheese* (1 Ea) Fresh Fruit Option (1/2 C) Jelly Option (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Donut Option (1 Svg) Cheese Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)
LUNCH	Chili Dog* (1 Ea) Seasoned Mixed Vegetables* (1/2 C) French Fries (1/2 C) Chilled Peaches (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Buffalo Chicken Melt* (1 Ea) Sweet Potato Fries (1/2 C) Celery Sticks (1/2 C) Chilled Fruit (1 C) Ketchup (1 Ea) Milk Choice (8 Oz)	Chicken Empanada (1 Ea) Seasoned Black Beans* (1/2 C) Diced Potatoes* (1/2 C) Fresh Fruit Option (1 C) Salsa (1 Ea) Sour Cream (1 Ea) Milk Choice (8 Oz)	BBQ Riblet Sandwich* (1 Ea) Okra (1/2 C) Garden Salad* (1.25 Cs) Chilled Fruit (1 C) Ketchup (1 Ea) Ranch Option (1 Ea) Milk Choice (8 Oz)	Hamburger* (1 Ea) Lettuce & Tomato* (1 Svg) Baked Beans (1/2 C) French Fries (1/2 C) Fresh Fruit Option (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Fish Tacos* (2 Ea) Seasoned Broccoli* (1/2 C) Coleslaw (1/2 C) Chilled Fruit (1 C) Tartar Sauce (1 Ea) Milk Choice (8 Oz)	Breaded Chicken Sandwich Option* (1 Ea) Lettuce & Tomato* (1 Svg) Glazed Carrots* (1/2 C) Seasoned Green Beans* (1/2 C) Applesauce Option* (1 C) Condiment Choice (2 Ea) Milk Choice (8 Oz)
DINNER	Honey Sriracha Chicken (3/4 C) Spring Roll (3 Ea) Veggie Stir Fry* (1/2 C) White Rice (1/2 C) Sweet & Sour Sauce (1 Ea) Cookie Option (1 Ea) Punch Option (8 Oz)	Chicken & Sausage Jambalaya* (1 Svg) Buffalo Cauliflower* (1/2 C) Corn on Cob* (1 Ea) Cornbread (1 Svg) Cake Option (1 Ea) Punch Option (8 Oz)	Salisbury Steak with Gravy and Onion* (2 pieces) Mashed Potato (1/2 C) Seasoned Broccoli* (1/2 C) Roll (1 Ea) Brownie (1 Svg) Punch Option (8 Oz)	Chicken Fajita* (2 Ea) Seasoned Pinto Beans* (1/2 C) Mexicali Corn* (1/2 C) Queso (2 oz) Tortilla Chips (1 Ea) Salsa (1 Ea) Gelatin w/ Fruit* (1 C) Punch Option (8 Oz)	Oven Fried Chicken* (3 thighs) Mashed Potatoes* (1/2 C) Brown Gravy* (1/8 C) Seasoned Greens Option* (1/2 C) Cornbread (1 Svg) Cookie Option (1 Ea) Punch Option (8 Oz)	Baked Rotini with Meat Sauce* (1 Svg) Cheese Stuffed Breadstick (1 Ea) Seasoned Green Peas* (1/2 C) Seasoned California Veggies* (1/2 C) Brownie (1 Ea) Punch Option (8 Oz)	Buffalo Chicken Dip* (3/4 C) Seasoned Black Beans* (1/2 C) Seasoned Corn* (1/2 C) Fritos (1 C) Cookie Option (1 Ea) Punch Option (8 Oz)



*Denotes Recipe
Kelly Newton, NPA
Review Date: July 2024
Reviewed By Stephanie Henesy, MS, RD, LD

S. Henesy

WEEK 2 MENU CYCLE SY 24-25

Water is available at every meal.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal Option (2 Oz) Greek Yogurt Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Waffles Option (1 Svg) Bacon (2 pieces) Fresh Fruit Option (1/2 C) Syrup (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Cheese Grits*(1/2 C) Breakfast Meat Option (1 Svg) Hashbrown Patty (1 Ea) Ketchup (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Chicken Biscuit* (1 Ea) Fresh Fruit Option (1/2 C) Jelly Option (1 Ea) Hot Sauce (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Egg & Cheese Croissant* (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Breakfast Bagel Option* (1 Ea) Cheese Stick Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Greek Yogurt Parfait (1 Svg) Graham Crackers (1 Ea) Granola (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)
LUNCH	Hot Dog* (1 Ea) Seasoned Mixed Vegetables* (1/2 C) Corn on Cob (1 Ea) Okra (1/2 C) Chilled Pineapple (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Turkey Bacon Club on Croissant* (1 Ea) Lettuce & Tomato* (1 Svg) Seasoned Broccoli* (1/2 C) Tomato & Cucumber Salad* (1/2 C) Chilled Fruit Cocktail (1 C) Ranch Option (1 Ea) Mayo (1 Ea) Milk Choice (8 Oz)	Chicken Mashed Potato Bowl* (1 Svg, includes Corn (1/4 C) Seasoned Green Beans* (1/2 C) Roll (1 Ea) Sliced Fresh Fruit Option (1 C) Milk Choice (8 Oz)	BBQ Pork Croissant* (1 Ea) Pickles (3 Ea) Coleslaw Option* (1/2 C) Baked Sweet Potato* (1/2 Ea) Okra (1/2 C) Chilled Pears (1 C) Butter (1 Ea) Milk Choice (8 Oz)	Cheeseburger* (1 Ea) Lettuce & Tomato* (1 Svg) Baked Beans (1/2 C) French Fries (1/2 C) Sliced Fresh Fruit Option (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Pizza Option (1 slice) Tater Tots (8 Ea) Garden Salad* (1.25 Cs) Chilled Mandarin Oranges (1 C) Ketchup (1 Ea) Ranch Option (1 Ea) Milk Choice (8 Oz)	Chicken Nuggets (6 Ea) Carrot Sticks (1/2 C) Buffalo Cauliflower* (1/2 C) Roll (1 Ea) Applesauce Option* (1 C) Condiment Choice (2 Ea) Milk Choice (8 Oz)
DINNER	Teriyaki Beef & Broccoli* (1 Svg) Spring Roll (3 Ea) White Rice (1/2 C) Sweet & Sour Sauce (1 Ea) Pudding Option (1/2 C) Punch Option (8 Oz)	Chicken Pot Pie* (1 C) Seasoned Green Beans* (1/2 C) Seasoned Corn* (1/2 C) Roll (1 Ea) Ice Cream Option (1 Ea) Punch Option (8 Oz)	Cowboy Burger with Bacon* (1 Ea) Onion Rings (5 Ea) Seasoned Broccoli* (1/2 C) Chip Option (1 Ea) Ketchup (1 Ea) Cookie Option (1 Ea) Punch Option (8 Oz)	Chicken Wings (8 Ea) Macaroni & Cheese (1/2 C) Seasoned Greens Option* (1/2 C) Celery Sticks (1/2 C) Condiment Choice (2 Ea) Roll (1 Ea) Pudding Option (1/2 C) Punch Option (8 Oz)	Chicken Tenders (4 Ea) Chili Cheese Fries* (1 Svg) Seasoned Mixed Vegetables* (1/2 C) Condiment Choice (2 Ea) Cake Option (1 Svg) Punch Option (8 Oz)	Chicken and Spinach Alfredo* (1 C) Seasoned Green Peas* (1/2 C) Seasoned Carrots* (1/2 C) Garlic Bread (1 Ea) Brownie (1 Ea) Punch Option (8 Oz)	Beef Nacho Bowl* (1 Svg) Sour Cream (1 Ea) Salsa (1 Ea) Gelatin with Fruit (1 Ea) Punch Option (8 Oz)



*Denotes Recipe

Kelly Newton, NPA

Review Date: July 2024

Reviewed By Stephanie Henesy, MS, RD, LD

S. Henesy

WEEK 3 MENU CYCLE SY 24-25

Water is available at every meal.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Muffin Option (1 Ea) Cheese Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Cheese Omelet (1 Ea) Toast (1 Ea) Fresh Fruit Option (1/2 C) Jelly Option (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	French Toast Stick or Pancake Option (1 Svg) Bacon (2 pieces) Fresh Fruit Option (1/2 C) Syrup (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Breakfast Bowl* (1 Svg) Toast (1 Ea) Jelly Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Sausage & Cheese Biscuit* (1 Ea) Fresh Fruit Option (1/2 C) Jelly Option (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Egg & Cheese Croissant* (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Donut Option (1 Svg) Cheese Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)
LUNCH	Chili Dog* (1 Ea) Seasoned Mixed Vegetables* (1/2 C) French Fries (1/2 C) Chilled Pineapple (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Buffalo Chicken Melt* (1 Ea) Sweet Potato Fries (1/2 C) Celery Sticks (1/2 C) Chilled Fruit (1 C) Ketchup (1 Ea) Ranch Option (1 Ea) Milk Choice (8 Oz)	Chicken Burrito (1 Ea) Seasoned Black Beans* (1/2 C) Diced Potatoes* (1/2 C) Fresh Fruit Option (1 C) Salsa (1 Ea) Sour Cream (1 Ea) Milk Choice (8 Oz)	Country Fried Beef Sticks (5 Ea) Brown Gravy (1/8 C) Seasoned Lima Beans (1/2 C) Garden Salad* (1.25 Cs) Fresh Fruit Option (1 C) Ranch Option (1 Ea) Milk Choice (8 Oz)	Hamburger* (1 Ea) Lettuce & Tomato* (1 Svg) Baked Beans (1/2 C) French Fries (1/2 C) Fresh Fruit Option (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Fried Fish (3 pieces) Hushpuppies (2 Ea) Coleslaw Option* (1/2 C) Seasoned Broccoli* (1/2 C) Chilled Mandarin Oranges (1 C) Ketchup (1 Ea) Tartar Sauce (1 Ea) Hot Sauce (1 Ea) Milk Choice (8 Oz)	Breaded Chicken Sandwich Option* (1 Ea) Lettuce & Tomato* (1 Svg) Glazed Carrots* (1/2 C) Seasoned Green Beans* (1/2 C) Chilled Peaches (1 C) Condiment Choice (2 Ea) Milk Choice (8 Oz)
DINNER	Honey Sriracha Chicken (3/4 C) Spring Roll (3 Ea) Veggie Stir Fry* (1/2 C) White Rice (1/2 C) Sweet & Sour Sauce (1 Ea) Cookie Option (1 Ea) Punch Option (8 Oz)	Shepherd's Pie* (1 Svg) Seasoned Greens Option* (1/2 C) Roll (1 Ea) Ice Cream Option (1 Ea) Punch Option (8 Oz)	Salisbury Steak with Gravy and Onion* (2 pieces) Mashed Potato (1/2 C) Seasoned Broccoli* (1/2 C) Roll (1 Ea) Brownie (1 Svg) Punch Option (8 Oz)	Chicken Fajita* (2 Ea) Seasoned Pinto Beans* (1/2 C) Mexicali Corn* (1/2 C) Queso (2 oz) Tortilla Chips (1 Ea) Salsa (1 Ea) Gelatin w/ Fruit* (1 C) Punch Option (8 Oz)	Oven Fried Chicken* (3 thighs) Macaroni and Cheese (1/2 C) Seasoned Greens Option* (1/2 C) Cornbread (1 Svg) Cookie Option (1 Ea) Punch Option (8 Oz)	Lasagna with Meat Sauce* (1 Svg) Seasoned California Veggies* (1 C) Garlic Toast (1 Ea) Cake Option (1 Ea) Punch Option (8 Oz)	Buffalo Chicken Dip* (3/4 C) Seasoned Broccoli* (1/2 C) Seasoned Corn* (1/2 C) Fritos (1 C) Cookie Option (1 Svg) Punch Option (8 Oz)



*Denotes Recipe
Kelly Newton, NPA
Review Date: July 2024
Reviewed By Stephanie Henesy, MS, RD, LD

Stoney

WEEK 4 MENU CYCLE SY 24-25

Water is available at every meal.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal Option (2 Oz) Greek Yogurt Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Waffles Option (1 Svg) Bacon (2 pieces) Fresh Fruit Option (1/2 C) Syrup (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Cheesy Grits* (1/2 C) Breakfast Meat Option (1 Svg) Hashbrown Patty (1 Ea) Ketchup (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Chicken Biscuit* (1 Ea) Fresh Fruit Option (1/2 C) Jelly Option (1 Ea) Hot Sauce (1 Ea) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Egg & Cheese Croissant* (1 Ea) Seasonal Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Breakfast Bagel Option* (1 Ea) Cheese Option (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)	Greek Yogurt Parfait (1 Svg) Graham Crackers (1 Ea) Granola (1 Ea) Fresh Fruit Option (1/2 C) 100% Fruit Juice Option (4 Oz) Milk Choice (8 Oz)
LUNCH	Mini Corn Dogs (6 Ea) Seasoned Mixed Vegetables* (1/2 C) Corn on Cob (1 Ea) French Fries (1/2 C) Chilled Fruit Option (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Chicken Parmesan Sub* (1 Ea) Seasoned Broccoli (1/2 C) Seasoned Carrots* (1/2 C) Chilled Pears (1 C) Milk Choice (8 Oz)	Chicken Mashed Potato Bowl* (1 Svg, includes Corn 1/4 C) Seasoned Green Beans* (1/2 C) Fresh Fruit Option (1 C) Roll (1 Ea) Milk Choice (8 Oz)	Pulled BBQ Pork* (1 Svg) Pickles (3 Ea) Coleslaw Option* (1/2 C) Baked Sweet Potato* (1/2 Ea) Roll (1 Ea) Chilled Pineapple (1 C) Butter (1 Ea) Milk Choice (8 Oz)	Cheeseburger* (1 Ea) Lettuce & Tomato* (1 Svg) Baked Beans (1/2 C) French Fries (1/2 C) Chilled Fruit Cocktail (1 C) Ketchup (1 Ea) Mustard (1 Ea) Milk Choice (8 Oz)	Pizza Option (1 Slice) Tater Tots (8 Ea) Caesar Salad* (1.25 C) Sliced Fresh Fruit Option (1 C) Ketchup (1 Ea) Milk Choice (8 Oz)	Chicken Nuggets (6 Ea) Seasoned Green Beans* (1/2 C) Carrot Sticks (1/2 C) Roll (1 Ea) Chilled Tropical Fruit (1 C) Condiment Choice (2 Ea) Milk Choice (8 Oz)
DINNER	Teriyaki Beef & Broccoli* (1 C) Spring Roll (3 Ea) White Rice (1/2 C) Sweet & Sour Sauce (1 Ea) Pudding Option (1/2 C) Punch Option (8 Oz)	BBQ Chicken* (3 thighs) Baked Potato* (1 Ea) Okra (1/2 C) Cornbread (1 Svg) Butter (1 Ea) Sour Cream (1 Ea) Ice Cream Option (1 Ea) Punch Option (8 Oz)	Philly Cheesesteak* (1 Ea) Seasoned California Veggies* (1 C) Ketchup (1 Ea) Chip Option (1 Ea) Brownie (1 Svg) Punch Option (8 Oz)	Chicken Wings (8 pieces) Macaroni & Cheese (1/2 C) Seasoned Greens Option* (1/2 C) Celery Sticks (1/2 C) Condiment Choice (2 Ea) Roll (1 Ea) Cookie Option (1 Svg) Punch Option (8 Oz)	Chicken Tenders (4 Ea) Chili Cheese Fries* (1 Svg) Seasoned Mixed Vegetables* (1/2 C) Condiment Choice (2 Ea) Pudding Option (1/2 C) Punch Option (8 Oz)	Chicken and Spinach Alfredo* (1 C) Seasoned Green Peas* (1/2 C) Seasoned Carrots* (1/2 C) Garlic Bread (1 Ea) Brownie (1 Ea) Punch Option (8 Oz)	Chicken Nacho Bowl* (1 Svg) Sour Cream (1 Ea) Salsa (1 Ea) Cake Option (1 Ea) Punch Option (8 Oz)



*Denotes Recipe
Kelly Newton, NPA
Review Date: July 2024

Reviewed By Stephanie Henesy, MS, RD, LD

S. Henesy

IMPORTANT NOTES

At lunch, **all** subgroups in appropriate portion size must be served **weekly**. Substitutions in veggies can only be made in the **same** subgroup.

Purple = Starchy Subgroup **Red = Red/Orange Subgroup** **Green = Dark Green Subgroup** **Tan = Beans/Peas (Legumes) Subgroup** **Blue = Other Subgroup**

FOOD OPTIONS MASTER MENU

MILK OPTION (8Oz): Plain or Chocolate

BREAKFAST ITEMS

100% Fruit Juice Option (4 Oz): Apple, Orange, Grape, or Fruit Punch

Breakfast Bread: Toasted Bread (1 slice), Croissant (1 each), Biscuit (1 each)

Breakfast Bagel Option (1 each): Mini Cinni, Mini Strawberry Cr. Cheese Bagels, or Cinnamon Bagel w SS Butter Cup and Plain or Strawberry Cream Cheese

Breakfast Meat Option (1 serving): Turkey Sausage Patty (1 each), Turkey Sausage Links (2 each), or Pork Bacon (2 slices)

Cereal Option (2 Oz): Cinn. Toast Crunch (1 ea.), Honey Nut Cheerios (1 ea.), Cocoa Puffs (1 ea.), Frosted Flakes (2 ea.), Lucky Charms (1 ea.), Trix (2ea.)

Cheese Stick Option (1 each): Colby Jack or Mozzarella (1 each)

Egg Option: Scrambled Egg (1/2 cup), Boiled Egg (2 each)

French Toast Stick Option: Regular (4 Each) or Cinnamon (3 Each)

Jelly Option (1 each): Grape or Apple

Pancake Option (1 bag): Blueberry, Plain, or Strawberry

Waffle Option: Regular (2 each) or Cinnamon (1 pack)

Yogurt Option (1 each): Peach, Raspberr, Strawberry, or Strawberry Banana, Greek Strawberry, Greek Blueberry, Greek Vanilla

Muffin Option (1 each): Banana, Blueberry, Apple Cinnamon

ALL OTHER MEAL ITEMS

Applesauce Option: Cinnamon or Gelatin-Applesauce Recipe*

Breaded Chicken Sandwich Option (1 each): Regular or Spicy

Cake Option (1 serving): Chocolate, White or Yellow Cake w/ Vanilla or Fudge Icing

Chip Option (1 each): Cheetos, Flaming Hot Cheetos, Nacho Cheese Doritos, Cool Ranch Doritos, Spicy Sweet Chili Doritos, Harvest Cheddar SunChips, or Garden Salsa SunChips

Coleslaw Option: Regular* or Chipotle*

Condiment Choice (2 each): BBQ, Honey Mustard, Hot Sauce, Ketchup, Mayonnaise, Ranch, Jalapeno Ranch

Cookie Option (1 each): Double Chocolate, Chocolate Chip, Confetti or Sugar

Fresh Fruit (1 each or ½ cup): Select fruit from Seasonal Fresh Fruit handout whenever possible.

Ice Cream Option (1 each): Strawberry, Chocolate or Vanilla

Pizza Option (1 slice): Cheese or Pepperoni

Pudding Option* (1/2 cup): Lemon*, Chocolate*, Banana* or Vanilla* pudding recipe

Punch Option (8 Oz): Fruit Punch, Lemonade, Grape, or Orange

Ranch Option (1 each): Ranch or Jalapeno Ranch

Seasoned Greens Option (1/2 cup): Collards, Turnips or Spinach

SNACK OPTIONS

Chip Option (1 each): Cheetos, Flaming Hot Cheetos, Nacho Cheese Doritos, Cool Ranch Doritos, Spicy Sweet Chili Doritos, Harvest Cheddar SunChips, or Garden Salsa SunChips

100% Fruit Juice Option (6 Oz): Apple, Orange, Grape, or Fruit Punch

Donut Option (1 each): Super Donut, Chocolate Donut, Powdered Donut or Donut Stick

NutriGrain Bar Option (1 Each): Apple Cinnamon or Strawberry

Poptart Option (1 each): Strawberry, Blueberry, Cinnamon, or Fudge

Cereal Bar Option (1 each): Cinnamon Toast Crunch Snack Bar, Cinnamon Toast Crunch Soft Filled Cereal Bar, Cheerios Strawberry Bar or Cocoa Puffs Soft Filled Cereal Bar

Muffin Option (1 each): Apple, Banana, or Blueberry

Cracker Option (1 each): Cheez-Its, Peanut Butter Crackers, Chocolate Tiger Bite Grahams, Cinnamon Goldfish or Cheese Goldfish

Yogurt Option (1 each): Peach, Raspberr, Strawberry or Strawberry Banana, Greek Strawberry, Greek Blueberry, Greek Vanilla

Rice Krispy Option (1 each): Chocolate or Original



*Denotes Recipe

Kelly Newton, NPA

Review Date: July 2024

Reviewed By Stephanie Henesy, MS, RD, LD

A handwritten signature in black ink, appearing to read "S. Henesy".

WEEK 1-2 SNACK MENU CYCLE SY 24-25

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Week 1	AM	Cereal Bar Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Muffin Option 100% Fruit Juice Option (4 Oz)	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Donut Option or NutriGrain Bar Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Cereal Bar Option 100% Fruit Juice Option (4 Oz)	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Honey Bun or Poptart Option 100% Fruit Juice Option (4 Oz)
	ACP	Cracker Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)	Rice Krispy Option or Cereal Bar Option 100% Fruit Juice Option (6 Oz)	Cracker Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)	NutriGrain Bar Option or Muffin Option 100% Fruit Juice Option (6 Oz)	Cracker Option or Rice Krispy Option 100% Fruit Juice Option (6 Oz)
	PM	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Cereal Bar Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Muffin Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Cracker Option or PBJ 100% Fruit Juice Option (4 Oz)	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Cereal Bar Option or PBJ 100% Fruit Juice Option (4 Oz)
Week 2	AM	Cracker Option or Poptart Option 100% Fruit Juice Option (4 Oz)	Donut Option or NutriGrain Bar Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Cereal Bar Option 100% Fruit Juice Option (4 Oz)	Cracker Option or Honey Bun 100% Fruit Juice Option (4 Oz)	Muffin Option or Donut Option 100% Fruit Juice Option (4 Oz)	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Muffin Option 100% Fruit Juice Option (4 Oz)
	ACP	Grandma Cookie or Donut Option 100% Fruit Juice Option (6 Oz)	Cracker Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)	NutriGrain Bar Option or Muffin Option 100% Fruit Juice Option (6 Oz)	Cracker Option 100% Fruit Juice Option (6 Oz)	Grandma Cookie or Donut Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)
	PM	Rice Krispy Option or PBJ 100% Fruit Juice Option (4 Oz)	Muffin Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Cracker Option or PBJ 100% Fruit Juice Option (4 Oz)	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Cereal Bar Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	NutriGrain Bar Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)



*Denotes Recipe

Kelly Newton, NPA

Review Date: July 2024

Reviewed By Stephanie Henesy, MS, RD, LD

S. Henesy

WEEK 3-4 SNACK MENU CYCLE SY 24-25

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Week 3	AM	Cereal Bar Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Muffin Option 100% Fruit Juice Option (4 Oz)	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Donut Option or NutriGrain Bar Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Cereal Bar Option 100% Fruit Juice Option (4 Oz)	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Honey Bun 100% Fruit Juice Option (4 Oz)
	ACP	Cracker Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)	Grandma Cookie or Donut Option 100% Fruit Juice Option (6 Oz)	Cracker Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)	Rice Krispy Option or Cereal Bar Option 100% Fruit Juice Option (6 Oz)	Cracker Option 100% Fruit Juice Option (6 Oz)
	PM	Chips Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Rice Krispy Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Chips Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Muffin Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Cracker Option or PBJ 100% Fruit Juice Option (4 Oz)	Chips Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Cereal Bar Option, Cookie or PBJ 100% Fruit Juice Option (4 Oz)
Week 4	AM	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Donut Option or NutriGrain Bar 100% Fruit Juice Option (4 Oz)	Poptart Option or Cereal Bar Option 100% Fruit Juice Option (4 Oz)	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Donut Option or NutriGrain Bar 100% Fruit Juice Option (4 Oz)	Cracker Option or Yogurt Option 100% Fruit Juice Option (4 Oz)	Poptart Option or Honey Bun 100% Fruit Juice Option (4 Oz)
	ACP	Poptart Option or Rice Krispy Option 100% Fruit Juice Option (6 Oz)	Cracker Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)	NutriGrain Bar Option or Muffin Option 100% Fruit Juice Option (6 Oz)	Cracker Option 100% Fruit Juice Option (6 Oz)	Grandma Cookie or Donut Option 100% Fruit Juice Option (6 Oz)	Chip Option 100% Fruit Juice Option (6 Oz)
	PM	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Cereal Bar Option, Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Cracker Option or PBJ 100% Fruit Juice Option (4 Oz)	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Muffin Option, Grandma Cookie or PBJ 100% Fruit Juice Option (4 Oz)	Chip Option, Smart Pop or PBJ 100% Fruit Juice Option (4 Oz)	Cracker Option or PBJ 100% Fruit Juice Option (4 Oz)



*Denotes Recipe
 Kelly Newton, NPA
 Review Date: July 2024
 Reviewed By Stephanie Henesy, MS, RD, LD

S. Henesy