

## WEEK I MENU CYCLE SY 17-18

Water is available with all meals.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Sausage & Gravy Pizza Fresh Fruit 100% Fruit Juice Milk Option	Breakfast Corndogs Fresh Fruit Syrup 100% Fruit Juice Milk Option	Assorted Muffin Sausage Patty Cheesy Grits Fresh Fruit 100% Fruit Juice Milk Option	Assorted Breakfast Roll Scrambled Eggs Fresh Fruit 100% Fruit Juice Milk Option	Sausage Biscuit Fresh Fruit 100% Fruit Juice Milk Option	French Toast Sticks Assorted Yogurt Fresh Fruit Syrup 100% Fruit Juice Milk Option	Breakfast Taquito Cheese Stick Fresh Fruit 100% Fruit Juice Milk Option
LUNCH	Assorted Mexican Chicken Chopped Lettuce & Diced Tomato Seasoned Black Beans Tropical Fruit Salad Brown Rice Salsa Sour Cream Milk Option	Hamburger Tomato Slice Lettuce Leaf Steamed Broccoli Sweet Potato Fries Fresh Fruit Ketchup Mustard Milk Option	Grilled Chicken Sandwich Tomato Slice Lettuce Leaf Baby Carrots Seasoned Green Beans Fresh Fruit Ranch Mayo Mustard Milk Option	BBQ Riblet Sandwich Tri Taters Romaine Salad Mandarin Oranges Ketchup Ranch Milk Option	Fish Nuggets Creamy Coleslaw Seasoned Field Peas & Snaps Rosy Pears Roll Ketchup Tartar Sauce Milk Option	Grilled Cheese Chili Con Carne Celery Sticks Chilled Peaches Ranch Milk Option	Oven Fried Chicken Seasoned Turnip Greens Mashed Potatoes Brown Gravy Fresh Fruit Roll Cinnamon Elf Grahams Milk Option
DINNER	Oven Fried Fish Onion Rings Seasoned Green Beans Roll Jello Poke Cake Ketchup Tartar Sauce Assorted Punch	Chicken Stir Fry Veggie Egg Roll Seasoned Green Peas Brown Rice Sugar Cookie Sweet & Sour Sauce Assorted Punch	Philly Cheese Steak Sandwich Baked Beans Cucumber & Onion Salad Chilled Fruit Cocktail Chocolate Frosted White Cake Assorted Punch	Beef & Mac Casserole Roasted Sweet Potatoes Seasoned Summer Corn Roll Sherbet Cup Assorted Punch	Salisbury Steak Brown Gravy & Mushrooms Macaroni and Cheese Seasoned Spinach Seasoned Mixed Vegetables Oatmeal Raisin Cookie Assorted Punch	Chicken & Sausage Jambalaya Corn on the Cob Steamed California Veggies Roll Brownie Assorted Punch	Biscuits & Gravy Turkey Bacon Scrambled Eggs Spiced Apples Chocolate Ice Cream Cup Assorted Punch

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## WEEK II MENU CYCLE SY 17-18



Water is available with all meals.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted Power Bread Assorted Yogurt Fresh Fruit 100% Fruit Juice Milk Option	Assorted Chicken Biscuit Fresh Fruit 100% Fruit Juice Milk Option	Pancake Minis Chicken Sausage Patty Fresh Fruit Syrup 100% Fruit Juice Milk Option	Breakfast Sandwich Fresh Fruit 100% Fruit Juice Milk Option	Breakfast Burrito Fresh Fruit 100% Fruit Juice Milk Option	Croissant Sandwich Fresh Fruit 100% Fruit Juice Milk Option	Assorted Cereal Assorted Yogurt Fresh Fruit 100% Fruit Juice Milk Option
LUNCH	Honey Sriracha Chicken Glazed Carrots Stir Fried Veggies Chilled Pineapple Brown Rice Milk Option	Meatball Sub Celery Sticks Seasoned Lima Beans Fresh Fruit Ranch Milk Option	BBQ Sliders Sweet Potato Fries Roasted Cauliflower Fresh Fruit Chocolate Pudding Milk Option	The Big Beef n' Cheddar Spinach Salad Curly Fries Blueberries Peaches Yogurt Parfait Ketchup Italian Dressing Milk Option	Cheeseburger Tomato Slice Lettuce Leaf Steamed California Veggies Strawberries & Bananas BBQ Pop Chips Ketchup Mustard Milk Option	Chicken Tenders Seasoned Green Beans Seasoned Summer Corn Tropical Fruit Salad Roll Honey Mustard Milk Option	Baked Ham Seasoned Collard Greens Diced Potatoes Biscuit Fresh Fruit Banana Pudding Milk Option
DINNER	Chicken Pot Pie Specialty Salad Seasoned Black Eyed Peas Biscuit Oatmeal Raisin Cookie Ranch Assorted Punch	Assorted Taquitos Cucumber & Onion Salad Mexicali Corn Tortilla Chips Vanilla Ice Cream Cup Salsa Assorted Punch	Fish Tacos Chipotle Coleslaw Steamed Broccoli Hushpuppies Pineapple Upside Down Cake Tartar Sauce Ketchup Assorted Punch	Spaghetti & Meat Sauce Seasoned Field Peas & Snaps Seasoned Turnip Greens Garlic Toast Strawberry Ice Cream Cup Assorted Punch	Oven Fried Chicken Broccoli, Cheese & Rice Casserole Seasoned Mixed Vegetables Breadstick Peach Cobbler Assorted Punch	Country Fried Steak Mashed Potatoes Brown Gravy Seasoned Lima Beans Roll Chocolate Chip Cookie Assorted Punch	Chicken Fajitas Refried Beans Seasoned Carrots Spanish Rice Sherbet Cup Ranch Assorted Punch

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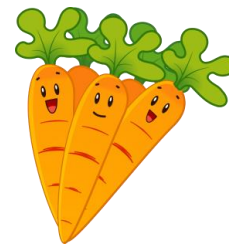
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## WEEK III MENU CYCLE SY 17-18

Water is available with all meals.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Sausage & Gravy Pizza Fresh Fruit 100% Fruit Juice Milk Option	Breakfast Corndogs Fresh Fruit Syrup 100% Fruit Juice Milk Option	Assorted Muffin Sausage Patty Cheesy Grits Fresh Fruit 100% Fruit Juice Milk Option	Assorted Breakfast Roll Scrambled Eggs Fresh Fruit 100% Fruit Juice Milk Option	Sausage Biscuit Fresh Fruit 100% Fruit Juice Milk Option	French Toast Sticks Assorted Yogurt Fresh Fruit Syrup 100% Fruit Juice Milk Option	Breakfast Taquito Cheese Stick Fresh Fruit 100% Fruit Juice Milk Option
LUNCH	Assorted Deli Club Sandwich Tomato Slice Lettuce Leaf Steamed California Veggies Cinnamon Applesauce Baked Chips Mayo Mustard Milk Option	Beef Burrito Seasoned Pinto Beans Tomato Salad Strawberries & Bananas Salsa Sour Cream Milk Option	Cheese Pizza Steamed Peas & Carrots Romaine Salad Fresh Fruit Italian Dressing Milk Option	Fish Nuggets Seasoned Black Eyed Peas Seasoned Cabbage Chilled Peaches Roll Ketchup Tartar Sauce Milk Option	Mini Corndogs French Fries Baby Carrots & Celery Sticks Tropical Fruit Salad Ketchup Mustard Ranch Milk Option	Grilled Cheese Beef Vegetable Soup Specialty Salad Fresh Fruit Yogurt Parfait Milk Option	Cowboy Burger Sweet Potato Fries Seasoned Great Northern Beans Ambrosia Fruit Salad Milk Option
DINNER	Beef Stroganoff Rotini Noodles Seasoned Spinach Corn on the Cob Sugar Cookie Assorted Punch	Teriyaki Chicken Steamed Cauliflower Cheese Sauce Seasoned Green Beans Fried Rice Vanilla Frosted White Cake Assorted Punch	Frito Pie Ranch Sour Cream Potato Wedges Steamed Broccoli Apple Cobbler Assorted Punch	Meatloaf Baked Potato Seasoned Collard Greens Roll Brownie Butter Sour Cream Assorted Punch	Assorted Chicken/Tuna Salad Sandwich Cucumber & Onion Salad Baked Chips Fresh Grapes Peanut Butter Cookie Assorted Punch	Meat Lasagna Seasoned Summer Corn Glazed Carrots Breadstick Chocolate Pudding Assorted Punch	Chicken & Waffles Diced Potatoes Seasoned Green Beans Vanilla Ice Cream Cup Syrup Hot Sauce Assorted Punch

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MS, RD, LD



## WEEK IV MENU CYCLE SY 17-18

Water is available with all meals.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted Power Bread Assorted Yogurt Fresh Fruit 100% Fruit Juice Milk Option	Assorted Chicken Biscuit Fresh Fruit 100% Fruit Juice Milk Option	Pancake Minis Chicken Sausage Patty Fresh Fruit Syrup 100% Fruit Juice Milk Option	Breakfast Sandwich Fresh Fruit 100% Fruit Juice Milk Option	Breakfast Burrito Fresh Fruit 100% Fruit Juice Milk Option	Croissant Sandwich Fresh Fruit 100% Fruit Juice Milk Option	Assorted Cereal Assorted Yogurt Fresh Fruit 100% Fruit Juice Milk Option
LUNCH	Pepperoni Pizza Baby Carrots Seasoned Green Peas Fruit Cocktail Ranch Milk Option	Chicken Nuggets Spinach Salad Seasoned Mixed Vegetables Chilled Mandarin Oranges Roll Ketchup Italian Dressing Milk Option	Chili Dog Seasoned Great Northern Beans Creamy Coleslaw Chilled Tropical Fruit Cheesy Puffs Milk Option	Spaghetti & Meatballs Garden Salad Steamed Peas & Carrots* Fresh Fruit Breadstick Ranch Milk Option	Sloppy Joe Sweet Potato Fries Cucumber & Onion Salad Strawberries & Bananas Milk Option	Chicken Sandwich Option Lettuce Leaf Marinated Black Bean Salad Tomato Wedges Fresh Fruit Ranch Mayo Milk Option	Roast Beef Brown Gravy Seasoned Turnip Greens Scalloped Potatoes Rosy Applesauce Roll Cinnamon Elf Grahams Milk Option
DINNER	BBQ Chicken Mashed Potatoes Brown Gravy Corn on the Cob Roll Oatmeal Raisin Cookie Assorted Punch	Beef Nachos Shredded Lettuce & Tomato Mexicali Corn Seasoned Black Beans Apple Crisp Salsa Sour Cream Assorted Punch	New Orleans Chicken Steamed Broccoli Seasoned Carrots Fried Rice Chocolate Chip Cookie Assorted Punch	Fish Tacos Chipotle Coleslaw Seasoned Pinto Beans Hushpuppies Vanilla Frosted White Cake Tartar Sauce Ketchup Assorted Punch	Chicken Quesadilla Refried Beans Spanish Rice Tortilla Chips Chocolate Ice Cream Cup Sour Cream Salsa Assorted Punch	Country Fried Steak Brown Gravy Roasted Cauliflower Cheese Sauce Seasoned Lima Beans Biscuit Sherbet Cup Assorted Punch	Chicken Parmesan Rotini Noodles Seasoned Summer Corn Great Northern Beans Garlic Toast Lemon Frosted Cake Assorted Punch

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## SNACK MENU CYCLE SY 17-18

### Afterschool Care Program (ACP)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Week1&amp;3 ACP SNACKS</b>	Cheez-Its  100% Fruit Punch	Assorted Grain Snack  100% Fruit Punch	Assorted Chex  100% Fruit Punch	Assorted Chips  100% Fruit Punch	Assorted Grain Snack  100% Fruit Punch	Popcorn  100% Fruit Punch	Assorted Chex  100% Fruit Punch
<b>Week 2&amp;4 ACP SNACKS</b>	Assorted Grain Snack  100% Fruit Punch	Cheez-Its  100% Fruit Punch	Popcorn  100% Fruit Punch	Assorted Chex  100% Fruit Punch	Assorted Chips  100% Fruit Punch	Assorted Grain Snack  100% Fruit Punch	Assorted Chex  100% Fruit Punch

#### **9 a.m. & 8 p.m. Snack Options:**

- 100% Fruit Juice (4 oz) AND one of the following:
  - Peanut Butter & Jelly (1 each)
  - Assorted Fieldstone Bar (1 each)
  - Assorted Chips (1 each)
  - Assorted Cereal Bar (1 each)
  - Strawberry Poptart (1 each)
  - Cheez-Its (1 each)

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